

Aug. 12 & 13, 2023 The 19th Sunday in Ordinary Time

Mass Times and Intentions

<u>Week of Aug 12 & 13</u>		
Saturday	6:30 pm	For the parishioners of St. Mary's and St. Thomas (At St. Thomas)
Sunday	10:30 am	For the repose of the soul of Cecilia Cross (At St. Thomas)
Monday	6:30 pm	No Mass
<i>Tuesday</i>	<i>6:30 pm</i>	<i>Mass at St. Thomas for the Holy Day</i>
Wednesday	8:00 am	For those suffering from cancer, especially Beverly Heible and Henry White
Thursday	*****	
<i>Friday</i>	<i>8:00 am</i>	<i>Mass at St. Thomas</i>

<u>Week of Aug 19 & 20</u>		
Saturday	6:30 pm	For the conversion of Alaina Rogers and Jeff Rogers
Sunday	10:30 am	For the repose of the soul of Larry Chicoine

Join us as we recite the Holy Rosary every Saturday evening at 6 pm
and Sunday morning at 10 am

† PRAYER CONCERNS †

For all our sick and shut-ins, especially Will Esmay, as well as our troops. For all who have died and all members of St. Mary's & St. Thomas. For Prayer Chain requests please call Cathy Kennedy.

† Eucharistic Adoration †

Wednesday mornings after 8:00 am Mass
Reconciliation Wednesday's after Mass/Saturday's 6-6:20 pm

For those of you who would like to mail in your weekly donation, you may send it to St. Mary's Parish, PO Box 129, Cambridge, VT 05444. Thank you for your continued support! Work is continuing in the church basement and when we receive the "All Clear" we will be able to move masses back to St. Mary's.

Aspire Together Bottle Drive: Thank you to all who participated in the Baby Bottle Drive for the Aspire Together Pregnancy Center. A total of \$311.81 was donated

Virtue and Character Formation

“Whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence, if there is anything worthy of praise, think about these things” (Phil4:8).
A virtue is a routine tendency to do what is right and good. The virtuous person pursues the good and chooses it in concrete actions. He is one who freely practices doing what is right and good. The goal of the virtuous life is to become like God. Moral virtues are acquired by continued human effort, and they prepare a person for communion with the Holy Spirit. Practicing the virtues brings a joy filled life. Human virtues are acquired by instruction about the virtues, by conscious and intentional acts, and by persistence. Repeated efforts are purified and raised up by God’s grace. With God’s help, they forge character and give the ability to practice the good routinely. The four virtues that play an important role are called “cardinal” virtues. They are prudence, justice, fortitude, and temperance. The virtuous person is happy to practice them. It’s not easy for us, wounded by sin, to maintain moral balance. But Christ’s gift of salvation offers us the grace necessary to persevere in the pursuit of the virtues. Everyone should always ask for this grace of light and strength, frequent the sacraments, cooperate with the Holy Spirit, and follow his calls to love what is good and shun evil. So, while practicing the virtues, if a strong wind comes upon you and become frightened that you begin to sink, take courage and call to Jesus, “Save me.” He will stretch out his hand to you, “Oh ye of little faith” (cf. Mt. 14:30-31)..

Light of the World Retreat: 9/29-10/2 Holy Family Parish Hall, Essex Junction
Parishioners from all parishes are welcome. Information and registration available at Essex Catholic Light of the World Retreat or email questions to ecc.engage@gmail.com. There is no registration fee.

Assumption of the Blessed Virgin Mary: On Tuesday, Aug. 15, we will celebrate the Solemnity of the Assumption of the Blessed Virgin Mary. This is a holy day of obligation. Father Calapan will celebrate Mass that evening, at St. Thomas, at 6:30 pm.

Offertory Receipts for 8/5-6
FY24 Weekly Goal: \$1,098
Last Week = \$ 655.75
YTD Actual = \$ 4614.50
YTD Budget = \$ 6588.00
Over (Under) = \$ (1973.50)

Pray the Holy Rosary Every day!